

# Management of Dentoalveolar Ridge Defects for Implant Site Development: An Interdisciplinary Approach

Brian S. Vence, DDS;<sup>1</sup> George A. Mandelaris, DDS, MS;<sup>2</sup> and David P. Forbes, DDS, PhD<sup>3</sup>

**Abstract:** This article presents the interdisciplinary management of a severe alveolar ridge defect to enable optimal implant placement and minimally invasive dentistry for an optimal functional and esthetic outcome. To attain the best esthetic and biologic results for implant placement, an interdisciplinary approach was used to synergistically combine orthodontics, periodontics, and restorative dentistry to simplify a complex periodontal restorative problem and minimize the procedures required for restoration of maximal esthetics and function.

## Learning Objectives

After reading this article, the reader should be able to:

- understand how interdisciplinary management can minimize complex procedures.
- discuss how orthodontics used for distraction osteogenesis can minimize ridge defects for bone grafting.
- recognize how idealizing bony architecture can maximize esthetics.

The case in this report illustrates the steps in a collaborative approach, resulting in a treatment plan that was executed to achieve near-optimal results.

Management of alveolar ridge defects can present significant biologic and esthetic challenges for optimal implant placement when attempting to achieve a natural implant restoration outcome. The alveolar bone serves two functions for the implant: biologic, by housing the implant for osseointegration; and esthetic, by supporting the overlying peri-implant soft-tissue architecture, ultimately permitting the presentation of soft-tissue contours. Furhauser et al devised a pink esthetic score to evaluate esthetic success around single tooth implants.<sup>1</sup> A careful study of their criteria indicates high esthetic success will be met when the implant is completely housed in bone and the crest is in a defined relationship to the papillary tips and facial-free gingival margin. These relationships have been established and quantified for natural teeth<sup>2-8</sup> and implants.<sup>9-18</sup> Proper management of ridge defects allows the clinician to achieve a higher pink esthetic score and, hence, more natural gingival contours for implant restorations for esthetics and stability of the peri-implant topography.<sup>19</sup>

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Dentoalveolar ridge defects can arise from failure of the alveolar bone to form properly or by destruction of the existing alveolar bone. Failure of the alveolar bone to form has two local causes: congenital tooth absence, which inhibits alveolar bone growth, or ankylosis of a tooth before completion of facial growth,<sup>20-22</sup> which arrests further alveolar bone growth. Destruction of existing alveolar bone has three causes: infection, trauma, or tooth loss. Infection can be from root fracture, endodontic origin, periodontitis, or peri-implantitis.

Defects that are of critical size do not spontaneously regenerate following injury, without adjunctive measures.<sup>23</sup> They are recognized as having innately limited potential for alveolar regeneration and are required to be managed through bone regeneration techniques.<sup>24</sup> When large dentoalveolar ridge defects exist, reestablishing a proper dentoalveolar ridge contour for an implant can be challenging, regardless of whether the defect is horizontal, vertical, or a combination.<sup>25</sup> Predictable bone regeneration is dependent on four major biologic principles: primary wound closure, blood supply, space maintenance, and wound stability.<sup>26</sup> The source of new bone is dependent on adequate blood supply at the site. The blood supply provides the necessary cells, growth factors, and inhibitors to initiate the osteogenic-biomineralization cascade. Osteocytes arise from stromal cells of the bone marrow and precursor cells that travel with capillary walls or circulate in the blood.<sup>27</sup> Angiogenesis involves the formation of new capillaries that grow into a defect. The key to bone formation is promoting angiogenesis. The source of these new capillaries is from the remaining walls adjacent to the defect. Bone grafts maintain the volume of space of the defect, initiate bone resorption through inflammation, supply growth factors that are released as the graft is resorbed, and act as a chemo-attractant for angiogenesis. Bone-grafting success is most predictable when healing occurs in a contained environment (ie, primary intention wound healing is ensured) and new capillaries are allowed to fully vascularize the reconstruction.<sup>28-30</sup> In general, horizontal alveolar bone defects are more predictable to treat because more walls (sources) are



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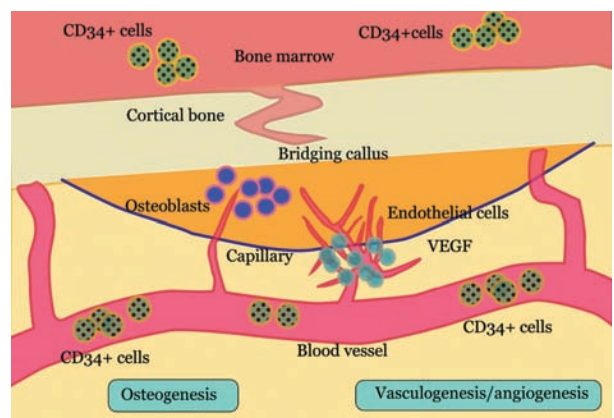
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present for capillary in-growth into the osseous defect that is being reconstructed. Therefore, the capillaries have less distance to migrate for full infiltration of the defect. Vertical defects are less predictable to reconstruct because greater demands are placed on capillary migration and in-growth. The further the distance the capillaries must travel, the more difficult it is to achieve complete vascularization of the defect (Figure 1).

Distraction osteogenesis is a newer modality of guided bone regeneration (GBR) and has been used to help rebuild severe ridge defects.<sup>31</sup> Orthodontics essentially is a form of distraction osteogenesis. Such therapy has been a longstanding modality of periodontal-orthodontic treatment to reduce or eliminate infrabony defects around teeth.<sup>32</sup> Using distraction osteogenesis via tooth movement for

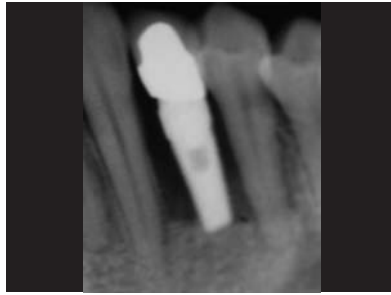


**Figure 1** In the bone marrow and circulating in the blood vessels are CD34+ stem cells (clusters of differentiation) capable of differentiating into osteoblasts and endothelial cells. The CD34+ cells migrate to the injured site and initiate repair through the vascular and osteogenic cascades. Also, CD34+ cells release vascular endothelial growth factor (VEGF). Figure reprinted from *Bone*<sup>33</sup> with permission from Elsevier.

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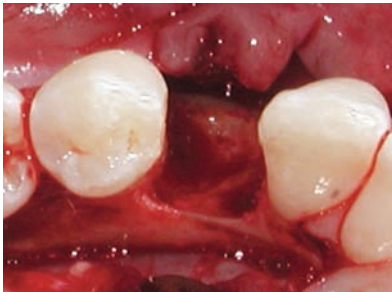
**Figure 2** A preoperative retracted anterior view of the failing implant in the site of tooth No. 22.



**Figure 3** Preoperative radiograph of the failing implant in the site of tooth No. 22.



**Figure 4** Vertical ridge defect in site No. 22.



**Figure 5** Horizontal ridge defect in site No. 22.



**Figure 6** Mucogingival and residual defect after removal of implant in site No. 22.



**Figure 7** Radiograph of residual ridge defect in site No. 22.

GBR allows the clinician greater latitude in determining the size of the osseous defect to correct. Through tooth movement, the clinician can minimize the size and extent of the dentoalveolar ridge defect and have more predictable bone grafting. The smaller the defect, the more predictable the regenerative result will be.

The following case study illustrates the concept of orthodontically directed site development to optimize interdisciplinary implant dentistry.

### CASE REPORT

A 28-year-old Caucasian female presented to the periodontist with a complaint of a mobile implant in the site of tooth No. 22 (Figure 2 and Figure 3). The patient had a congenitally missing tooth No. 23. No. 22 had erupted into site No. 23, leaving a vacancy at site No. 22, and was the reason for the original implant at site No. 22.

The patient had no medical concerns and had a history of an implant placement in December 2002 when she was 25 years old. In February 2005, she presented with a mobile implant and an associated advanced peri-implantitis. Radiographic review at the initial examination demonstrated

significant destruction of the dentoalveolar ridge around the implant as well as around the adjacent natural dentition. Emergency-based treatment involved surgical implant removal only and debridement of the infection (Figure 4 and Figure 5). Following uneventful healing, an advanced ridge defect was apparent at the edentulous site and moderate and advanced attachment loss noted at No. 22D and No. 21M, respectively (Figure 6 and Figure 7). This case demonstrates bone loss of two separate origins: lack of bone because of tooth agenesis and destruction of bone from inflammatory peri-implantitis.

Because of the apparent bone loss, seen on the radiograph, on the mesial of tooth No. 21 and the distal of tooth No. 22, one suggestion was to remove teeth Nos. 21 and 22 and, subsequently, site-develop the regional anatomy for implant placement. The surface area requiring GBR was expected to be rather large, whereby autogenous bone grafting from the chin would have been elected to augment the site in both the horizontal and vertical dimensions. Following 6 months of healing, implant placement would ensue at either position, Nos. 21 or 23, to be restored as a bridge or at position Nos. 21 through 23 for individual implant restorations.

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**Figure 8** Adequate keratinized and attached gingiva after free gingival graft surgery.



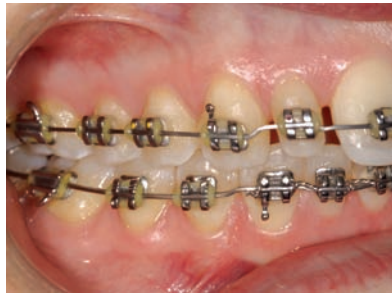
**Figure 9** Orthodontic distraction osteogenesis to develop the implant site of tooth No. 23.



**Figure 10** Radiograph of orthodontic distraction osteogenesis.



**Figure 11** Radiograph showing developed implant site of tooth No. 23.



**Figure 12** Right buccal view showing posterior occlusion established, canine guidance and proper space appropriation around peg lateral tooth No. 7, and intruded worn incisors.



**Figure 13** Postorthodontic bonding for teeth Nos. 7 through 9.

This approach incurred significant risk and inherent difficulty in meeting the biologic and esthetic goals of the patient. To recreate ideal soft-tissue contours, the graft would have to reach a vertical height that supports the papillary tips at a level as coronal as the papillary tips on the adjacent natural teeth (not to the level of the free gingival margin on the facial of the teeth). A vertical augmentation of this magnitude is the most difficult to achieve and has the least predictability. Autogenous block grafts are highly successful but do possess inherent challenges that include, but are not limited to, ensuring primary closure, minimizing infection during healing, ensuring graft stabilization and intimacy of fit during surgery, and having paresthesia potential from the operation. From an esthetic perspective, three implants placed adjacently pose a challenge for maintaining papillary soft-tissue form between implants.<sup>34</sup> Two implants would be less challenging in this regard; however, the requirements for pontic site development would remain and require multiple periodontal plastic surgical procedures. In either option, optimal esthetic, biologic, occlusal,

and biomechanical outcomes are at a compromise compared with a healthy natural dentition for the patient from a long-term predictability standpoint.

Another suggestion was to minimize the extent of the defect by moving the teeth orthodontically into the bony defect. First, tooth No. 22 would be returned to its proper functional and anatomic position. This approach would reduce the bony defect from the mesial aspect by the volume of one tooth. To reduce the defect from the distal aspect, tooth No. 21 would be extruded and extracted. To further reduce the defect, tooth No. 22 would be moved distally into site No. 21. Tooth No. 22 then would be force-ruptured and extracted. This strategy would confine the bony defect to only the size of one tooth and change the character of the defect from having only one source of capillary in-growth to having three sources. Site No. 21 could be managed with mineralized freeze-dried bone allograft and a membrane. Implant site development requirements theoretically would be reduced, optimizing predictability and reducing surgical morbidity for the patient.

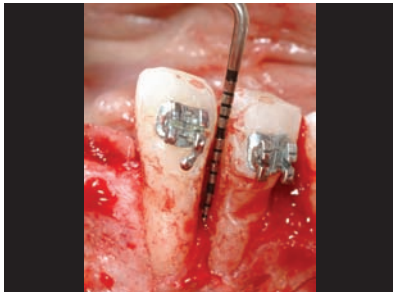
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Orthodontic tooth movement (eg, orthodontically directed distraction osteogenesis) would serve to rebuild the vertical height of the ridge and eliminate the need for an autogenous block graft. In addition, proper positioning of the cuspid via orthodontic tooth movement would create a more idealized occlusal scheme, provide a cuspid-protected occlusion, and minimize off-axis loading of the implant.<sup>35</sup>

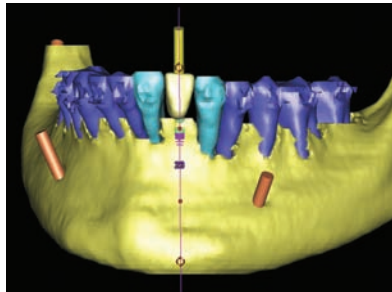
This treatment plan was elected with the premise to re-evaluate treatment options during orthodontic tooth movement. Soft-tissue augmentation was initiated to correct the mucogingival defect in the area of teeth Nos. 21 and 22. A free gingival graft was performed to achieve an adequate band of attached and keratinized gingiva to resist potential stripping on the root surfaces of teeth Nos. 22 and 21 during orthodontic movement (Figure 8). Orthodontic movement then was initiated to site-develop position No. 23 for an implant (Figure 9 through Figure 11). Orthodontics also was used to idealize the patient's occlusion and

develop canine guidance to minimize occlusal load and maximize the redistribution of forces<sup>36-40</sup> for protecting the future implant from deleterious forces. The space was opened around the peg lateral tooth No. 7, and the gingival levels were aligned for maxillary incisors. Bonding was performed to restore the length of teeth Nos. 8 through 10 and to bond the peg lateral to a normal tooth form, which allows the orthodontist to idealize the posterior occlusal scene and maintain canine guidance (Figure 12 through Figure 13).

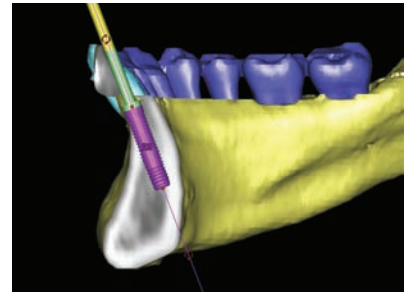
Following the first goal of orthodontia—moving tooth No. 22 to a proper functional and anatomical position—a periodontal reevaluation was performed, demonstrating an improvement in short- and long-term tooth prognosis. At this time, the decision was made to abort continual extrusion of teeth Nos. 21 and 22, although some attachment level discrepancy remained between Nos. 21 and 22 (Figure 14). Implant diagnostics ensued and included mounted study models and a diagnostic wax-up. A scanning appliance



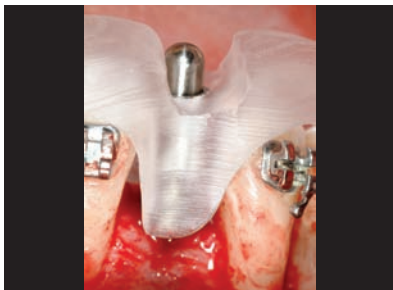
**Figure 14** Interproximal bone present at teeth Nos. 21 and 22, postorthodontics.



**Figure 15** Presurgical 3-dimensional CT scan diagnostic planning for implant No. 23. Note the anticipated dehiscence at the facial aspect of the implant.



**Figure 16** A cross-sectional view of post-orthodontic site development at No. 23 position. Sufficient bone has been developed to accommodate implant placement in an optimal prosthetic position. Simultaneous GBR is planned at the coronal most portion of the implant per anticipated dehiscence.



**Figure 17** Tooth-supported SurgiGuide (Materialise Dental, Leuven, Belgium) (2 mm level) in place.



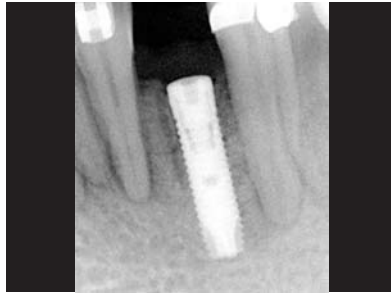
**Figure 18** Implant placement with resulting facial dehiscence. Cortical perforations placed to promote angiogenesis.



**Figure 19** Mineralized freeze-dried bone allograft hydrated with platelet-derived growth factor covering root dehiscences and implant dehiscence.



**Figure 20** Tension-free primary wound closure.



**Figure 21** Radiograph of implant in position at the time of surgery of tooth No. 23.



**Figure 22** Zirconia abutment on implant of tooth No. 23.



**Figure 23** Postoperative radiograph of zirconia abutment.



**Figure 24** Definitive restoration of tooth No. 23.



**Figure 25** Postoperative view of definitive restorations teeth Nos. 7 to 9 and No. 23.

was created to demonstrate the desired prosthetic outcome requirements, and the patient was referred for computed tomography (CT) scans. CT scan assessment demonstrated successful orthodontically directed GBR to allow implant placement (Figure 15 through Figure 16). Only minor GBR therapy would be needed and could be accomplished simultaneously with implant installation. Guided implant placement occurred, using an open flap approach (Figure 17). During surgery, root dehiscences were noted on teeth Nos. 21, 22, 24, and 25, as well as the anticipated dehiscence following implant placement at No. 23 (Figure 18). A positioning reference (index) was secured after implant placement to facilitate a provisional prosthesis at stage II surgery. Cortical perforations then were placed adjacent to the implant to encourage angiogenesis (Figure 18), and mineralized freeze-dried bone allograft enhanced with platelet-derived growth

factor was placed over the dehiscences for purposes of guided tissue regeneration and GPR (Figure 19). A highly resorbable collagen membrane was placed to stabilize the allograft. The flap was coronally repositioned, and primary-intention wound healing was achieved (Figure 20 and Figure 21). Following 4 months of stage I surgery, implant uncover and immediate provisionalization was performed in conjunction with connective tissue grafting. Final orthodontic tooth movement then ensued, using the implant as anchorage to optimize end-tooth movements, interroot separation, and the cuspid-protected occlusal scheme. A final impression then was secured, and a zirconia abutment (Figure 22) with an all-ceramic restoration was fabricated for the prosthetic phase completion of No. 23 (Figure 23 through Figure 25).

This case illustrates how to manage dentoalveolar ridge destruction, using orthodontics, periodontics, and restorative

## Orthodontic tooth movement

(eg, orthodontically directed distraction osteogenesis) would serve to rebuild the vertical height of the ridge and eliminate the need for an autogenous block graft.

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dentistry to idealize the occlusal scheme, develop an ideal implant site with orthodontics, and enhance the dentoalveolar ridge dimensions surgically with bone graft materials. Finally, it demonstrates how to restore proper tooth contours through minimal restorative dentistry with bonding and a single-unit, implant-supported crown.

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1. Furhauser et al devised a pink esthetic score to evaluate:
  - a. the need for pink porcelain in implant prosthodontics.
  - b. esthetic success around a single-tooth implant.
  - c. soft-tissue volume around dental implants.
  - d. success of implant integration.
2. A careful study of Furhauser et al's criteria indicates high esthetic success will be met when the implant is completely housed in bone and:
  - a. the crest is in a defined relationship to the papillary tips and facial-free gingival margin.
  - b. there is a proper band of keratinized tissue called the biologic width.
  - c. the patient uses proper tooth brushing and flossing technique.
  - d. the surface size and internal connection of the implant is adequate.
3. Dentoalveolar ridge defects can arise from:
  - a. failure of the alveolar bone to form properly or by destruction of the existing alveolar bone.
  - b. osteoporosis or other bone-related diseases.
  - c. chronic inflammation.
  - d. a congenital chromosome disorder trisomy 21.
4. Predictable bone regeneration is dependent on four major biologic principles, except:
  - a. primary wound closure.
  - b. blood supply.
  - c. tooth position.
  - d. space maintenance.
5. The source of new bone is dependent on:
  - a. the right bone grafting material.
  - b. adequate supply of blood at the site.
  - c. a bone-generating membrane.
  - d. the skill of the oral surgeon.
6. Which of the following do bone grafts maintain?
  - a. capillary walls
  - b. bone blood supply
  - c. alveolar bone
  - d. the volume of space of the defect
7. In general, horizontal alveolar bone defects are more predictable to treat because:
  - a. of the degree of tooth mobility.
  - b. of the condition of gingival tissue.
  - c. of the predominance of plasma cells.
  - d. more walls (sources) are present for capillary in-growth into the osseous defect that is being reconstructed.
8. In the bone marrow and circulating in the blood vessels are CD34+ stem cells (clusters of differentiation), which are capable of differentiating into:
  - a. osteoblasts and endothelial cells.
  - b. dendritic cells.
  - c. osteocyte cells.
  - d. chondroblast cells.
9. Orthodontics essentially is a form of distraction osteogenesis, which has been:
  - a. a brand new modality.
  - b. not well-proven in regard to reducing or eliminating infrabony defects around teeth.
  - c. a long-standing modality of periodontal-orthodontic treatment to reduce or eliminate infrabony defects around teeth.
  - d. unpredictable.
10. Orthodontic tooth movement (eg, orthodontically directed distraction osteogenesis):
  - a. would serve to rebuild the vertical height of the ridge and eliminate the need for an autogenous block graft.
  - b. strips the bone off the tooth being removed.
  - c. would be difficult to use in accurate prediction.
  - d. leads to immature bone for implant placement.

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